**Name of the Assistant Professor**: **Dr.Sunita** **Subject**: Psychology

**Class and section**: B.A. 1st year (1st Sem) **Pape**r: Introduction to psychology

Lesson Plan: From 22 Aug ,2022 to 30 Nov,2022

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| Aug, 4th week | Meaning of psychology and its definition  History of psychology | |
| 5th Week | Emergence as science  Parameter of science | |
| Sep 1st Week | Subject matter of psychology  What is experimental method? | |
| 2nd Week | Merits and Demerits of Experimental method  What is observation method?  Merits and Demerits of observation method  What is Survey method?  Merits & Demerits of Survey method | |
| 3rd Week | What are sense organs? Meaning of sensory process  Role of eye in our life  Structure and Functioning of Visual process  Role of ear in our life  Structure and function of ear in auditory process | |
| 4th Week | Meaning of perception and its definition  Characteristics of perception  Form perception  Perceptual organization process | |
| 5th week | What are cues in perception  Monocular and Binocular cues in perception | |
| October 1st week | Test-1 | |
| 2nd week | Emotion its definition and Characteristics  External and Internal bodily changes  Theory of James-Lange and Criticism | |
| 3rd week | Theory of Canon-Bard  Criticism of Canon-Bard theory  Theory of Schachter-Singer  Criticism of Schachter-Singer theory. | |
| 4th week | Meaning of motivation  Determinants of motive  Process of Motivation cycle  Explanation of Need, drive, and Incentive  Psychological (Acquired) motives  Biological (Inherent) motive | |
| 5th week | Test-2 | |
| November 1st week | Meaning and nature of personality  Biological Determinants of personality  Social Determinants of personality | |
| 2nd week | Psychological Determinants of personality  Trait theory of personality  Type theory of personality | |
| 3rd week | Spearman theory of intelligence  Thurstone theory of intelligence  Cattell theory of intelligence | |
| 4th and 5th week | Revision of 1st unit  Revision of 2nd unit  Revision of 3rd unit  Revision of 4th unit | |
| **Practical will be Conducted** | | |
| Practical 1st - 25/08/2022 to 10/9/2022 | | EPQ/EPI |
| Practical 2nd 12/9/2021 to 24/9/2022 | | Sound Localization |
| Practical 3rd 27/9/2021 to 08/10/2022 | | Study of emotions. |
| Practical 4th 10/10/2022 to 20/10/2022 | | Simple reaction time |
| Practical 5th 21/10/2022 to 05/11/2022 | | Performance Test of Intelligence/RPM. |
| Practical 6th 07/11/2021 to 16/11/2022 | | Observation (Speed & accuracy) |
| Practical  17/11/2022 to 30/11/2022 | | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

Name of the Assistant Professor: **Dr. Sunita** Subject: Psychology

Class and section: **B.A. 2nd year (3rd Semester**) Paper: **Social Psychology**

Lesson Plan: From 16 Aug, 2022 to 30 Nov, 2022)

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| 3rd &4th week | Meaning and nature of Social Psychology  Subject matter of Social Psychology |
| 5th Week | What is socio-metric method ?  Use of socio-metric method in the field of social psychology |
| Sep 1stWeek | What is socio-metric matrix?  What is socio-gram graph? |
| 2nd Week | Merit of socio-metric method  demerits of socio-metric method  Meaning of socialization  Process of socialization |
| 3rd Week | Agencies of socialization  Meaning and definition of group  Characteristics of group  Formation of group |
| 4th Week | Types of group  Function of group  Meaning and Definition of Social Norms |
| 5th week | Characteristics of Social Norms Formation of Social Norms  Meaning and definition of leadership  Types of leadership  Function of Leadership  Test-1 |
| October 1.10.22 | Trait theory of leadership |
| 2nd week | Merits and demerits of trait leadership  Situational theory of leadership  Merits and demerits of situational leadership  Test -2 |
| 3rd week | Interactional theory of leadership  Merits and demerits of Interactional leadership  Meaning and definition of Attitude  Characteristics of attitude |
| 4th week | Development of attitude  Factors responsible for attitude change  Meaning and definition of prejudice  Characteristics of prejudice  Development of prejudice |
| 5th week | Meaning and definition of stereotype  Characteristics of stereotype  Formation of stereotype |
| 31.10.22 | Formation of stereotype |
| November 1st week | Meaning and definition of pro-social behavior  Characteristics of pro-social behavior  Determinants of Pro-social behavior |
| 2nd week | Cognitive model of Pro-social behavior  Meaning and definition of Aggression |
| 3rd week | Characteristics of Aggression  Determinants of Aggression  Prevention of Aggression  Revision of 1st unit |
| 4th and 5th week | Revision of 2nd unit  Revision of 3rd unit  Revision of 4th unit |
| Practical 1st - 25/08/2022 to 10/9/2022 | Sociometry |
| Practical 2nd 12/9/2021 to 24/9/2022 | Measurement of Attitude |
| Practical 3rd 27/9/2021 to 08/10/2022 | Stereotypes |
| Practical 4th 10/10/2022 to 20/10/2022 | Aggression Scale |
| Practical 5th 21/10/2022 to 05/11/2022 | Prejudice Scale |
| Practical 6th 07/11/2021 to 16/11/2022 | Leadership Styles |
| Practical  17/11/2022 to 30/11/2022 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor**: **Dr.Sunita** **Subject**: Psychology

**Class and section**: B.A. III rd year (5th  Sem) **Pape**r: Psychopathology

Lesson Plan: (16 Aug 2022 to 30 Nov 2022)

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| 3rd & 4th week | Meaning of Psychopathology  Meaning and concept of Normality  Characteristics of Normality | |
| 5th Week | Characteristics of Abnormality | |
| Sep 1stWeek | Criterion of Normality and Abnormality Psychological causes of psychopathology | |
| 2nd Week | Biological model of Psychopathology  Psychodynamic model of Psychopathology | |
| 3rd Week | Behavioral model of Psychopathology  Cognitive model of Psychopathology | |
| 4th Week | Meaning of classification  Classification of psychopathology  Need for classification of psychopathology | |
| 5th week | What is diagnostic assessment  Detailed explanation of Case history method  Merits and Demerits of Case history method | |
| October 1.10.22 | Test 1 | |
| 2nd week | Detailed explanation of Interview method  Merits and Demerits of Interview method  What is projective Technique?  Different type of projective Techniques | |
| 3rd week | Merits and Demerits of projective Techniques  What do you mean by anxiety based disorder  What is Generalized anxiety Disorder?  Causes ,Symptoms, Prevention of GAD | |
| 4th week | What is Obsessive Compulsive Disorder?  Causes ,Symptoms, Prevention of OCD | |
| 5th week | What is Phobic Disorder?  Symptoms , causes, prevention of Phobia disorder | |
| 31.10.22 | Test-2 | |
| November 1st week | Meaning of Unipolar Mood disorder  Causes of Unipolar Mood disorder  Meaning of Biopolar Mood disorder | |
| 2nd week | Causes of Bipolar Mood disorder  Meaning and definition of substance use/drug abuse  Symptoms of drug abuse. | |
| 3rd week | Causes of substance use/drug abuse  Rehabilitation of substance use/drug abuse | |
| 4th and 5th week | Revision of 1st unit  Revision of 2nd unit  Revision of 3rd unit  Revision of 4th unit | |
| **Practical will be conducted** | | |
| Practical 1st - 25/08/2022 to 10/9/2022 | | WAT |
| Practical 2nd 12/9/2021 to 24/9/2022 | | Depression Inventory |
| Practical 3rd 27/9/2021 to 08/10/2022 | | Anxiety Scale |
| Practical 4th 10/10/2022 to 20/10/2022 | | Emotional Intelligence |
| Practical 5th 21/10/2022 to 05/11/2022 | | PGI Memory Scale |
| Practical 6th 07/11/2021 to 16/11/2022 | | DMI |
| Practical  17/11/2022 to 30/11/2022 | | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |