**Name of the Assistant Professor:** **Dr. Sunita** **Subject**: Psychology

**Class**: B.A. 1st year (1st Sem) **Pape**r: Foundations of psychology

Lesson Plan: From 22 July, 2024 to 22 Nov, 2024

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| July ,2024 | Meaning of psychology and its definition  Nature of psychology, Scope of psychology | |
| August , | Psychology as a science.  Methods to study behavior: experimental method, observation method, Interview method  Nature, characteristics and types of sensation.  Structure and Function of Visual sensation  Structure and function of auditory sensation | |
| September | Nature of perception  Perceptual organization Laws  Depth perception cues  Illusions  Problems related to sensation and perception  Test-1  Nature of emotion  Physiological correlates of emotion  Theories of emotion: James Lange, Cannon Bard and Schachter singer | |
| October | Nature of Motivation,  Biological and social motives,  Theories- Maslow and McClleland  Nature of Personality,  Factors affecting Personality,  Theories Allport , Cattel and Eysenck. | |
| November | Nature of Intelligence, Factors affecting Intelligence  Theories - Spearman, Thurstone and Cattell  Revision of syllabus. | |
| **Practical will be Conducted** | | |
| Practical 1st - 29/07/2024 to 10/8/2024 | | EPQ/EPI |
| Practical 2nd 12/8/2024 to 24/8/2024 | | Sound Localization |
| Practical 3rd 27/8/2024 to 07/9/2024 | | Study of emotions. |
| Practical 4th 9/9/2024 to 21/9/2024 | | Simple reaction time |
| Practical 5th 24/9/2024 to 05/10/2024 | | Performance Test of Intelligence/RPM. |
| Practical 6th 07/10/2024 to 19/10/2024 | | Observation (Speed & accuracy) |
| 21/10/2024 to 14/11/2024 | | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor: Dr. Sunita Subject:** Psychology

**Class:** B.A. 2nd year (3rd Semester) **Paper:** Social Psychology

**Lesson Plan:** From 22 July, 2024 to 22 Nov, 2024

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| July, 2024 | Meaning and nature of Social Psychology  Subject matter of Social Psychology  What is socio-metric method ? |
| August | Meaning of socialization  Process of socialization  Agencies of socialization  Types and Function of group  Social Norms – Meaning, Characteristics and Formation |
| September | Types and Function of Leadership  Theories- Trait, situational, Interactional  Test-1  Characteristics, Development and attitude change. |
| October | Nature and Development of prejudice  Stereotypes  Test -2  Nature and determinants of prosocial Behavior |
| November | Cognitive model  Nature, Determinants and prevention of aggression. |
| **Practical will be Conducted** | |
| Practical 1st - 29/07/2024 to 10/8/2024 | Sociometry |
| Practical 2nd 12/8/2024 to 24/8/2024 | Measurement of Attitude |
| Practical 3rd 27/8/2024 to 07/9/2024 | Stereotypes |
| Practical 4th 9/9/2024 to 21/9/2024 | Aggression Scale |
| Practical 5th 24/9/2024 to 05/10/2024 | Prejudice Scale |
| Practical 6th 07/10/2024 to 19/10/2024 | Leadership Styles |
| 21/10/2024 to 14/11/2024 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor: Dr. Sunita** **Subject**: Psychology

**Class:** B.A. IIIrd year (5th Sem) **Pape**r: Psychopathology

**Lesson Plan**: From 22 July, 2024 to 22 Nov, 2024

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| July, 2024 | Meaning of Psychopathology  concept of Normality and Abnormality  characteristics and criteria of abnormality  Biological model of Psychopathology | |
| August | Psychodynamic model of Psychopathology  Behavioral ,Cognitive model of Psychopathology  Need for classification  DSM system | |
| September | Diagnostic assessment- case history, interview, projective techniques.  Anxiety based disorders-GAD, OCD, Phobia (Symptoms and causes) | |
| October | Substance abuse-causes, consequences and rehabilitation  Mood disorder-Unipolar and bipolar(Symptoms and causes) | |
| November | Schizophrenia- Nature ,types and causes  Revision of syllabus | |
| **Practical will be Conducted** | | |
| Practical 1st - 29/07/2024 to 10/8/2024 | | WAT |
| Practical 2nd 12/8/2024 to 24/8/2024 | | Depression Inventory |
| Practical 3rd 27/8/2024 to 07/9/2024 | | Anxiety Scale |
| Practical 4th 9/9/2024 to 21/9/2024 | | Emotional Intelligence |
| Practical 5th 24/9/2024 to 05/10/2024 | | PGI Memory Scale |
| Practical 6th 07/10/2024 to 19/10/2024 | | DMI |
| 21/10/2024 to 14/11/2024 | | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |