**Name of the Assistant Professor:** **Dr. Sunita** **Subject**: Psychology

**Class**: B.A. 1st year (1st Sem) **Pape**r: Foundations of psychology

Lesson Plan: From 22 July, 2024 to 22 Nov, 2024

|  |  |
| --- | --- |
| July ,2024 | Meaning of psychology and its definition Nature of psychology, Scope of psychology  |
| August ,  | Psychology as a science.Methods to study behavior: experimental method, observation method, Interview methodNature, characteristics and types of sensation.Structure and Function of Visual sensation Structure and function of auditory sensation |
| September | Nature of perceptionPerceptual organization LawsDepth perception cuesIllusionsProblems related to sensation and perceptionTest-1Nature of emotionPhysiological correlates of emotionTheories of emotion: James Lange, Cannon Bard and Schachter singer |
| October | Nature of Motivation,Biological and social motives, Theories- Maslow and McCllelandNature of Personality, Factors affecting Personality,Theories Allport , Cattel and Eysenck. |
| November  | Nature of Intelligence, Factors affecting IntelligenceTheories - Spearman, Thurstone and CattellRevision of syllabus. |
| **Practical will be Conducted** |
| Practical 1st - 29/07/2024 to 10/8/2024 |  EPQ/EPI  |
| Practical 2nd 12/8/2024 to 24/8/2024 | Sound Localization |
| Practical 3rd 27/8/2024 to 07/9/2024 | Study of emotions. |
| Practical 4th 9/9/2024 to 21/9/2024 | Simple reaction time |
| Practical 5th 24/9/2024 to 05/10/2024 | Performance Test of Intelligence/RPM. |
| Practical 6th 07/10/2024 to 19/10/2024 | Observation (Speed & accuracy) |
| 21/10/2024 to 14/11/2024 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor: Dr. Sunita Subject:** Psychology

**Class:** B.A. 2nd year (3rd Semester) **Paper:** Social Psychology

 **Lesson Plan:** From 22 July, 2024 to 22 Nov, 2024

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| --- | --- |
| July, 2024 | Meaning and nature of Social PsychologySubject matter of Social Psychology What is socio-metric method ? |
| August | Meaning of socialization Process of socializationAgencies of socializationTypes and Function of groupSocial Norms – Meaning, Characteristics and Formation |
| September | Types and Function of Leadership Theories- Trait, situational, InteractionalTest-1Characteristics, Development and attitude change. |
| October | Nature and Development of prejudiceStereotypesTest -2Nature and determinants of prosocial Behavior |
| November | Cognitive modelNature, Determinants and prevention of aggression. |
| **Practical will be Conducted** |
| Practical 1st - 29/07/2024 to 10/8/2024 | Sociometry |
| Practical 2nd 12/8/2024 to 24/8/2024 | Measurement of Attitude |
| Practical 3rd 27/8/2024 to 07/9/2024 | Stereotypes |
| Practical 4th 9/9/2024 to 21/9/2024 | Aggression Scale |
| Practical 5th 24/9/2024 to 05/10/2024 | Prejudice Scale |
| Practical 6th 07/10/2024 to 19/10/2024 | Leadership Styles |
| 21/10/2024 to 14/11/2024 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor: Dr. Sunita** **Subject**: Psychology

**Class:** B.A. IIIrd year (5th Sem) **Pape**r: Psychopathology

 **Lesson Plan**: From 22 July, 2024 to 22 Nov, 2024

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| --- | --- |
| July, 2024 | Meaning of Psychopathology concept of Normality and Abnormalitycharacteristics and criteria of abnormalityBiological model of Psychopathology  |
| August | Psychodynamic model of PsychopathologyBehavioral ,Cognitive model of PsychopathologyNeed for classificationDSM system |
| September | Diagnostic assessment- case history, interview, projective techniques.Anxiety based disorders-GAD, OCD, Phobia (Symptoms and causes) |
| October | Substance abuse-causes, consequences and rehabilitationMood disorder-Unipolar and bipolar(Symptoms and causes) |
| November |  Schizophrenia- Nature ,types and causesRevision of syllabus |
| **Practical will be Conducted** |
| Practical 1st - 29/07/2024 to 10/8/2024 | WAT |
| Practical 2nd 12/8/2024 to 24/8/2024 | Depression Inventory |
| Practical 3rd 27/8/2024 to 07/9/2024 | Anxiety Scale |
| Practical 4th 9/9/2024 to 21/9/2024 | Emotional Intelligence |
| Practical 5th 24/9/2024 to 05/10/2024 | PGI Memory Scale |
| Practical 6th 07/10/2024 to 19/10/2024 | DMI |
| 21/10/2024 to 14/11/2024 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |